

# Teen and Adult Programs



## VISUAL ARTS

Contact: Amanda Demos Larsen, 240-542-2062,  
alarsen@greenbeltmd.gov

### INTRO TO OIL PAINTING AND BASIC STUDIO

#### PRACTICE 453232-1

**Ages 16+**

Learn how to begin oil painting, including how to clean brushes and palettes without using dangerous cleaners, how to prepare painting supports (canvases and panels) and what to mix with your paint. Students will also learn basic painting techniques. This class includes visual arts open studio when taken in conjunction with one or more fall visual arts workshops.

**W 7:00pm-9:00pm/CC-113**

**4 mtgs: 9/12 - 10/10 (No class 9/19)**

**R: \$51, NR: \$66**

**Instructor: Amanda Larsen**

### STUDIES IN PASTEL 453221-1

**Ages 16+**

Explore the range of expression that can be achieved through soft and hard pastel. Learn historical and contemporary techniques of hatching, blending, layering and color mixing to render convincing still lifes. Discussion and demonstration of various surfaces and pastels included. Includes visual arts open studio.

**Tu 7:00pm-9:00pm/CC-113**

**8 mtgs: 9/11 - 11/6 (No class 9/18)**

**R: \$89, NR: \$116**

**Instructor: Racquel Keller**

### ART OUTSIDE

**Ages 16+**

Join us to paint historic Maryland's great outdoors. This class will meet at specified locations where we will have a brief talk about the history of the location followed by our painting session. Participants may work in whatever material they prefer. If you enjoy being outdoors, like history and the idea of being creative, then this is for you. Materials not included. All levels of artists are welcome.

#### ART OUTSIDE: LAKE ARTEMESIA 453214-1

**Sa 9/15, 9:00am-1:00pm/CC-113**

**Rain date: 10/6**

**R: \$26, NR: \$33**

#### ART OUTSIDE: MARIETTA MANSION 453214-2

**Sa 10/6, 9:00am-1:00pm/CC-113**

**Rain date: 10/20**

**R: \$26, NR: \$33**

#### ART OUTSIDE: RIVERSDALE HOUSE 453214-3

**Sa 10/20, 9:00am-1:00pm/CC-113**

**Rain date: 10/27**

**R: \$26, NR: \$33**

**Instructor: Racquel Keller**

### PET PORTRAIT WORKSHOP 453212-1

**Ages 12+**

Join local artist Racquel Keller for this fun way to honor your much loved pet! This workshop will focus on capturing the individual personality of your pet in a unique painting. Working from a favorite photograph of your pet, you will learn how to translate your photo into a colorful canvas using acrylic paint. All Levels of experience welcome!

**Sa 10/13, 2:00pm-6:00pm/CC-113**

**R: \$35, NR: \$45**

**Instructor: Racquel Keller**

*City of Greenbelt Arts Programs are sponsored in part by the Maryland-National Capital Park and Planning Commission and the Maryland State Arts Council. Thank you!*

**STAINED GLASS WINTER WORKSHOP 453207-1****Ages 16+**

Participants will make one or more small stained glass hangings using the copper foil technique. The goal is to learn to cut, foil, and solder stained glass pieces into a finished product. Particular emphasis will be placed on developing and practicing the skills needed to score and break glass, as this is a challenging skill. The supplies will include patterns for snowflakes, stars and several holiday designs, as well as glass and tools. A fee of \$35 for tools, glass, and supplies is included in the price.

Sa 11/17, 11:00am-4:00pm/CC-116

R: \$62, NR: \$79

Instructor: Maureen Stone

**WATERCOLOR PAINTING****Ages 16+**

Learn traditional watercolor techniques and vocabulary while cultivating your creativity. Includes Visual Arts Open Studio.

**453210-1**

Th 7:00pm-9:00pm/

CC-113

12 mtgs: 9/13 - 12/6 (No class 11/22)

R: \$127, NR: \$166

Instructor: Valerie Watson

**453210-2**

M 10:00am-12:00pm/

CC-113

12 mtgs: 9/17 - 12/3

R: \$127, NR: \$166

Racquel Keller

Instructor:

**SEW FOR CHARITY 453242-1****Ages 16+**

Enjoy sharing ideas, patterns and materials with fellow sewers while creating crafts for local charities. Projects include blankets for infants and disadvantaged children, baby clothes, hats and pillow cases for cancer patients and other items according to your inspiration. Basic sewing skills required; this is not an instructional program. Participants supply their own machines, sewing supplies and power strips/cords.

Sa 10:00am-2:00pm/CC-109

15 mtgs: 9/8 - 12/15

R: \$5, NR: \$10

**BEGINNING SEWING 453202-1****Ages 12+**

Learn how to use a pattern and a sewing machine, plus some hand-stitches for finishing. Students will make a tote bag and a kimono-wrap style bathrobe. Sewing machines, iron and ironing board, patterns, pins, needles and scissors will be supplied, but students will bring their own fabric and thread. Students are also welcome to bring their own sewing machines and their own iron/ironing board to use. Includes Visual Arts Open Studio.

Tu 6:30pm-8:30pm/CC-116

10 mtgs: 9/11 - 11/20 (No class 9/18)

R: \$116, NR: \$150

Instructor: Mary Gawlik

**VISUAL ARTS OPEN STUDIO****Ages 16+**

Patrons who register for an eligible visual arts class will receive open studio access. Open studio includes independent use of the visual arts studios during Community Center hours whenever the rooms are not reserved for classes and events. Studio calendars are posted outside of the visual arts classrooms (113 and 116). Ideal for painting, drawing, fiber arts and crafts. Work alone, or arrange to meet with fellow participants for a more sociable studio time. Participants may use the studio's easels and mat cutter. New participants must meet with the Studio Manager for an orientation before using the space; contact Beth Fendlay at [bfendlay@greenbeltmd.gov](mailto:bfendlay@greenbeltmd.gov) to schedule.

M-Sa 9:00am-9:45pm; Su 9:00am-6:45pm/

CC-113 & 116

14 weeks: 9/10-12/16

## ART SOCIAL – BOOK A WORKSHOP FOR YOUR GROUP!



Contact Amanda Demos  
Larsen

240-542-2062

[alarsen@greenbeltmd.gov](mailto:alarsen@greenbeltmd.gov),  
to book an event or for more  
information.

You can book an art social for your group of friends, family or co-workers!  
Choose from a course on functional, hand-built ceramics; paintings on canvas; or whimsical soaps with a theme.



## CERAMICS

Contact: Amanda Demos Larsen 240-542-2062  
alarsen@greenbeltmd.gov



### LEVEL 1 FUNCTIONAL HAND-BUILDING 463201-1

**Ages 16+**

This class is for students new to hand-building techniques. Students will learn the techniques to make cups, bowls, plates, and other useful objects by using only their hands and hand tools. They will learn three-dimensional forming processes, how to join pieces of clay together to build a structure, and various methods of decorating functional pieces. Beginners and all levels welcome. Includes Ceramics Open Studio and use of a shelf. Clay purchased separately.

**Th 7:00pm-9:30pm/CC-304**

**12 mtgs: 9/13 - 12/6 (No class 11/22)**

**R: \$161, NR: \$209**

**Instructor: Sandra Dwiggin**

### LEVEL 2 HAND-BUILDING 463202-1 **Ages 16+**

This class is for students who already have already taken Level 1 Functional Hand-building or have experience with hand-building techniques, such as joining, and working with slabs. In addition to functional projects, students will learn how to extend their experience to more complex 3-dimensional forms. Includes Ceramics Open Studio and use of a shelf. Clay purchased separately.

**Tu 7:00pm-9:30pm/CC-304**

**12 mtgs: 9/11 - 12/4 (No class 9/18)**

**R: \$161, NR: \$209**

**Instructor: Sandra Dwiggin**

### CERAMIC MULTI-TILE WALL PANELS 453253-1

**Ages 16+**

Create a tile wall hanging, or panel, made of four to nine tiles. Students will create a design with multiple tiles and will mount the tiles onto a backing board for hanging. Learn how to plan a design, how to cut and handle tiles to keep them flat, how to decorate and glaze them, and how to mount them with cement and grout. Students will supply their own backing board and hanging hooks (instructor will advise). This class is open to beginning and experienced ceramic artists. Ceramics Open Studio included. Clay purchased separately.

**W 7:00pm-9:30pm/CC-304**

**12 mtgs: 9/12 - 12/12 (No class 9/19, 11/21)**

**R: \$161, NR: \$209**

**Instructor: Mary Gawlik**

### LEVEL 1 POTTERY 453281-1

**Ages 16+**

Learn basic skills on the potter's wheel, as well as how to decorate and glaze your work. This class is intended for first-time throwers and those with very limited experience. Group instruction is combined with individual support. Ceramics Open Studio included. Clay purchased separately. Use of a personal shelf is not guaranteed.

**Tu 7:00pm-9:30pm/CC-305**

**11 mtgs: 9/25 - 12/4**

**R: \$148, NR: \$192**

**Instructor: Gina Mai Denn**

### LEVEL 2 WHEEL 453282-1

**Ages 16+**

Recommended for students who can center small pieces consistently, make basic pots, and apply single glazes successfully. A good class for Level 1 "graduates" and potters with basic skills who have not thrown for a while. (First-time throwers may also participate if unable to attend the Level 1 class). Group instruction will allow students to work more independently as the class progresses. Ceramics Open Studio included. Clay purchased separately. Use of a shelf in the studio is not guaranteed.

**M 7:00pm-9:30pm/CC-305**

**12 mtgs: 9/17 - 12/3**

**R: \$161, NR: \$209**

**Instructor: Michael Pappas**

### LEVEL 3 WHEEL 453283-1

**Ages 16+**

Recommended for Level 2 "graduates" who are skilled in the basics; centering, trimming and handles. This class includes group instruction combined with individual support. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf.

**W 7:00pm-9:30pm/CC-305**

**11 mtgs: 9/12 - 12/5 (No class 9/19, 11/21)**

**R: \$148, NR: \$161**

**Instructor: Gina Mai Denn**

### LEVEL 4 WHEEL 453284-1

**Ages 16+**

Recommended for Level 3 "graduates" who can consistently throw a range of basic forms, who can make lidded pots, and who are interested in developing more advanced skills. Clay purchased separately. Includes Ceramics Open Studio and use of a shelf.

**Th 7:00pm-9:30pm/CC-305**

**12 mtgs: 9/13 - 12/6 (No class 11/22)**

**R: \$161, NR: \$209**

**Instructor: Karen Arrington**

## GLAZING AND SURFACE DECORATION MINI-CLASSES

### EXCITING SGRAFFITO TECHNIQUES AND UNDERGLAZE 453259-1

**Ages 16+**

Learn three different sgraffito techniques using underglazes (sgraffito is like the scratch-board art you may have done as a child; it is a traditional ceramic design technique). Work will be finished with various glazes. Students will also learn how to transfer designs to clay and how to successfully apply glaze with a brush. Students will bring one to two pieces of smooth leatherhard ware (wheel thrown, hand-built, or tile) to work on. Leatherhard clay should be stiff, but still wet. This mini class is open to anyone who can create their own ware.

**M 7:00pm-9:30pm/CC-304**

**2 mtgs: 10/1 - 10/8**

**R: \$39, NR: \$50**



EXAMPLES OF SGRAFFITO BY: MARY GAWLIK

### CARVING TECHNIQUES 453259-2

**Ages 16+**

Learn three carving techniques for clay. Students will learn how to transfer designs to clay and how to wipe glaze and successfully apply glaze with a brush. Students will bring one to two pieces of smooth leatherhard ware (wheel thrown, handbuilt, or tile) to work on. Leatherhard clay should be stiff, but still wet. This mini class is open to anyone who can create their own ware.

**F 7:00pm-9:30pm/CC-304**

**2 mtgs: 11/2 - 11/9**

**R: \$39, NR: \$50**

**Instructor: Mary Gawlik**



EXAMPLES OF CARVING BY: MARY GAWLIK

### WOODFIRE WORKSHOP 353263-1

**Ages 16+**

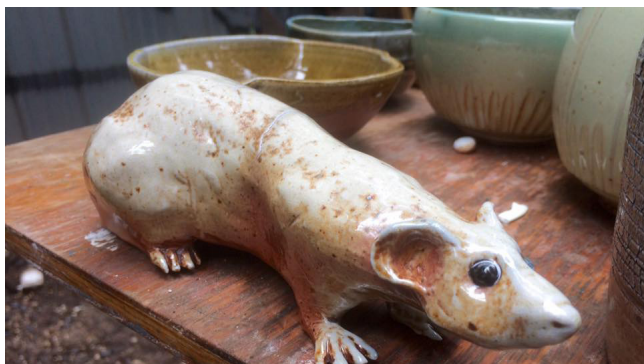
Intermediate and advanced potters: experience the ancient roots and the scientific heights of pottery by firing a wood-fueled kiln. This is an intense, hands-on process requiring physical labor and cooperation among participants. Students are encouraged to attend an instructional meeting about glazing at the Community Center on 8/16. All participants must attend the firing itself which will take place at Monocacy River Pottery (about an hour and a half drive from Greenbelt). Permission is required in order to register, and off-line registration is required. Please write to Amanda Demos Larsen at [alarsen@greenbeltnmd.gov](mailto:alarsen@greenbeltnmd.gov). Open Studio not included. Includes 35 lbs Phoenix clay.

**Glazing meeting: Th 8/16, 7:00pm-9:00pm**

**Loading: Sa 10/13, Firing: Sa 10/20, Unloading: Sa 10/27**

**R: \$230, NR: \$260**

**Instructor: Karen Arrington**



### CERAMICS OPEN STUDIO 453261-1

**Ages 16+**

Independent access for current and former students of the Greenbelt Community Center ceramic programs whenever the studios are not reserved. Clay purchased separately. Includes use of a studio shelf. Participants who have not attended a program here within the past 6 months must meet with the Studio Manager for an orientation before using the space; contact Beth Fendlay at [bfendlay@greenbeltnmd.gov](mailto:bfendlay@greenbeltnmd.gov) to schedule. Potters who are new to this studio must please enroll in a class.

**M-Sa 9:00am-9:45pm; Su 9:00am-6:45pm/**

**CC-304 & 305**

**14 weeks: 9/10 - 12/16**

**R: \$90, NR: \$100**

### FAMILY CERAMICS OPEN STUDIO 453261-2

**Ages 8-15**

A new opportunity for parents and children to work together in the studio! Adults who are enrolled in Ceramics Open Studio or a fall class that includes open studio privileges may bring children ages 8 and up to select open studio hours. Participating children must be concurrently enrolled in a fall ceramics class and accompanied in the studio by their parent. Limit: two children per adult per visit. Children under 8 may receive special permission from their instructor to participate as well. Recycled clay is provided for participants under age 16.

**F/Su 3:00pm-6:00pm/CC-304**

**28 mtgs: 9/14 - 12/16**

**R: \$20, NR: \$25**



## HEALTH AND FITNESS

Contact (unless otherwise noted): LaToya Fisher,  
240-542-2054, [lfisher@greenbeltmd.gov](mailto:lfisher@greenbeltmd.gov)



### ULTIMATE GROOVE WORKOUT

**Ages 16+**

Join us for **DANCE FITNESS  
and FUN!**

Ultimate Groove is a total body workout set to Latin, African, Jazz, and Hip Hop beats. Move it and lose it! Our cardio, strength and flexibility training exercises are designed to get you in shape by burning lots of

calories and toning your muscles. Workout at your own pace to the upbeat rhythms that make you feel like you're dancing. Come, have fun and groove to a healthier, sexier you! **OPEN HOUSE: September 4 - 8, FREE for everyone.** Please wear form-fitting workout gear and bring water, your workout shoes, and a towel/yoga mat for floor exercises. For more information, please contact instructor at 301-775-5674 or [chelsea@groovedancefitness.com](mailto:chelsea@groovedancefitness.com)

**Session Dates: 9/4 - 12/15**

**(No class 10/6, 11/20, 11/22, 11/24)**

**Sa 9:00am-10:00am; Tu 7:00pm-8:00pm; Th 7:00pm-8:00pm**

**464220-20 R: \$160, NR: \$180**

**464220-10 R: \$90, NR: \$100**

**464220-5 R: \$50, NR: \$55**

**Drop-in: \$12 (no cash)**

**Instructor: Chelsea Calhoun**

### FIT 'N' FUN CARDIO 452203-1

**Ages 16+**

Participants will tone their bodies and burn calories while having fun with a variety of cardio including boot camp games, cardio kickboxing, dance, weights and floor work set to great music! You will need to bring weights, water and a mat; jump rope is optional.

**W/F 10:00am-11:15am/CC-106**

**26 mtgs: 9/12 - 12/14 (No class 9/28, 11/23)**

**R: \$108, NR: \$118, Drop-in: \$5**

**Instructor: Derrick Faison**

### ZUMBA GOLD 452402-1

**Ages 16+**

This energizing dance party is designed for the active older adult and/or anyone looking for the original moves you love at a lower-intensity. This fun workout incorporates the contagious Latin and international rhythms that is safe and effective for all ages with easy-to-follow choreography that focuses on cardio, balance, range of motion, and coordination. Join the FUN!! Wear comfortable clothing and shoes, bring water and a towel.

**Sa 9:00am-10:00am/CC-202**

**12 mtgs: 9/15 - 12/15 (No class 10/6, 11/24)**

**R: \$72, NR: \$82, Drop-in: \$8 (no cash)**

**Instructor: Wanda Crawley-Pearson**

### GENTLE YOGA 452201-1

**Ages 16+**

This class is designed to offer a gentle but powerful practice of yoga suitable for anyone, including seniors. We will explore yogic breathing, gentle postures and simple mediation techniques to help release tension, strengthen and stretch your body, enliven your spirit and increase your sense of well-being. Bring a mat and blanket to class and refrain from eating 2 hours before class. *Drop-ins are not permitted for this class.*

**Tu 7:00pm-8:15pm/CC-202**

**12 mtgs: 9/11 - 12/11 (No class 9/18, 11/6)**

**R: \$96, NR: \$106**

**Instructor: Laura Bonkosky**

### LUNCHTIME YOGA

**Ages 16+**

This mixed level class offers a balanced practice of warm-ups, postures, yogic breathing, meditative awareness and relaxation designed to stretch, strengthen and energize your body, release tension, enliven your spirit and bring more ease and joy into your life. Bring a mat and refrain from eating 2-3 hours before class. *For drop-ins, please pay in CC office prior to class.*

**452221-1 Tu 12:30pm-1:30pm/CC-10**

**12 mtgs: 9/11 - 12/11 (No class 9/18, 11/6)**

**R: \$84, NR: \$94, Drop-in: \$10**

**452221-2 Th 12:30pm-1:30pm/CC-10**

**13 mtgs: 9/13 - 12/13 (No class 11/22)**

**R: \$91, NR: \$101, Drop-in: \$10**

**Instructor: Laura Bonkosky**



### YOGA NIDRA

**Ages 16+**

Yoga Nidra is an accessible form of meditation, rooted in ancient yoga traditions, but uniquely suited to our modern times. Benefits include reduced stress and insomnia, and increased confidence, joy, and well-being. You will be guided through the meditation while lying on a yoga mat or comfortably seated. Please bring a mat, blankets, and a pillow or bolster. No previous yoga or meditation experience is necessary. For more information, email Laura Bonkosky at [laura.bonkosky@gmail.com](mailto:laura.bonkosky@gmail.com), or visit [www.laurabonkosky.com](http://www.laurabonkosky.com).

**F 7:00pm-8:00pm/CC-10**

**452403-1A 9/14; 452403-1C 11/16**

**452403-1B 10/19 452403-1D 12/14**

**R/NR: \$10; Drop-in: \$15 (no cash)**

**Instructor: Laura Bonkosky**

**PILATES I 452210-1****Ages 16+**

A classic Pilates mat workout covering basic exercises for strengthening core muscles, and improving posture, balance and flexibility. Bring a mat or blanket and a 10-pound sandbag or bag of rice as a foot weight.

**W 8:00pm-9:00pm/CC-202****12 mtgs: 9/12 - 12/12 (No class 9/19, 11/21)****R: \$120, NR: \$130****Instructor: Catherine Turner****PILATES II 452205-1****Ages 16+**

Prerequisite: Pilates Mat Class I or equivalent class (not video) experience and core strength. Class includes basic intermediate exercises for greater flexibility and core strength. Class will move at a faster pace, focusing on flow. Bring a mat (3/8 inch or more) or heavy blanket, and a 10-pound sandbag or rice bag as a foot weight.

**W 6:45pm-7:45pm/CC-202****12mtgs: 9/12 - 12/12 (No class 9/19, 11/21)****R: \$120, NR: \$130****Instructor: Catherine Turner****YOGA & CORE CONDITIONING 452202-2****Ages 16+**

Develop strength, flexibility, balance and a sense of well-being by combining postures, breathing practices and deep relaxation of yoga with toning and core strengthening movements. Bring a mat and refrain from eating 2-3 hours before class. Drop-ins are not permitted for this class.

**Th 7:00pm-8:15pm/CC-202****13 mtgs: 9/13 - 12/13 (No class 11/22)****R: \$104, NR: \$114****Instructor: Laura Bonkosky****FUN YOGAMIX 452220-1****Ages 16+**

A fun and gentle yoga mix of breathing, poses, meditation and laughter therapy. Please bring a mat and a blanket to each class. Beginners are welcome; no experience necessary. For more information contact instructor at yogatina@yahoo.com.

**Th 6:00pm-7:00pm/CC-202****10 mtgs: 10/4 - 12/13 (No class 11/22)****R: \$70, NR: \$80, Drop-in: \$10 (no cash)****Instructor: Tina McCloud****TAI CHI ALL LEVELS 452206-1****Ages 16+**

Tai Chi for all levels

**Sa 9:00am-10:00am/CC-106****13 mtgs: 9/15 - 12/8****R: \$104, NR: \$114****Instructor: Taj Johnson****TAI CHI LEVELS I/II 452207-1****Ages 16+**

**Contact: Andrew Phelan, 240-542-2194,  
aphelan@greenbeltmd.gov**

Beginning levels of Yang Simplified Tai Chi Form instruction as developed by Cheng, Man-Ch'ing (37 postures).

**W 6:30pm-7:30pm/YC-Multi****12 mtgs: 9/12 - 11/28****R: \$84, NR: \$96****Instructor: Linda Uphoff****TAI CHI LEVEL III 452208-1****Ages 16+****Contact: Andrew Phelan, 240-542-2194,****aphelan@greenbeltmd.gov**

Training and corrections for students who have completed instruction in Cheng Man-Ch'ing's simplified Yang Form. Instructor approval is required. Call 301-345-5386 if you have questions.

**W 7:30pm-8:30pm/ YC-Multi****12 mtgs: 9/12 - 11/28****R: \$84, NR: \$96****Instructor: Linda Uphoff****ATHLETICS****YC Contact: Andrew Phelan, 240-542-2194,****aphelan@greenbeltmd.gov****SHLRC Contact: Brian Butler, 301-397-2212,****bbutler@greenbeltmd.gov****BEGINNER ARCHERY 452602-1****Ages 14+**

Shoot for it! PREVIOUS EXPERIENCE NOT REQUIRED. Learn proper safety, shooting techniques, scoring, eye dominance, alignment and hand position with re-curve bows. All equipment will be provided. Sessions will be led by a certified a National Field Archery Association instructor.

**Th 5:30pm-6:15pm/BF-2****8 mtgs: 9/13 - 11/1****R: \$50, NR: \$65****INTERMEDIATE ARCHERY 452603-1****Ages 14+**

Refine your alignment, release and follow through in an intermediate level course using re-curve and compound bows. PARTICIPANTS REQUIRE SIX MONTHS OF ARCHERY EXPERIENCE and basic knowledge of range safety procedures, shooting technique, hand position and stance. Enhance the skills taught in Beginner Archery. All equipment will be provided. Sessions will be led by a certified a National Field Archery Association instructor.

**Th 6:30pm-7:15pm/BF-2****8 mtgs: 9/13 - 11/1****R: \$50, NR: \$65****BOXING FUNDAMENTALS 482401-2****Ages 16+**

Learn the basics of the Sweet Science in this introductory class. This class will focus on the basics of boxing such as, stance, footwork, and proper punching technique. This course is non-contact and safe for all age levels.

**Th/F 6:30pm-7:30pm/SHLRC****16 mtgs: 9/13 - 11/2****R: \$50, NR: \$65****Instructor: Sam "Vanilla Gorilla" Crossed****TABLE TENNIS CLUB****Ages 14+**

Table Tennis Club meets every week for fun and challenging play. Sharpen your skills playing with new folks every week! Annual membership fee required. Fees waived for current recreation members and pool pass holders!

**Th 7:30pm-9:30pm/YC-Multi****R/NR: \$20**

**DANCE**

Contact: Angella Foster, 240-542-2067  
afoster@greenbeltmd.gov

**BEGINNING BALLET 454202-1****Ages 15+**

A fun introduction to ballet specifically designed for teen and adult beginners! Emphasis will be on developing strength, flexibility and balance through traditional ballet barre and center work as well as through conditioning exercises borrowed from Pilates and yoga. Please wear comfortable clothes but not too loose. Soft ballet shoes or bare feet. Leotards and tights not necessary. Minimum age requirement must be met by first class meeting.

**M 7:15pm-8:15pm/CC-10**

**11 mtgs: 9/17 - 12/3 (No class 11/12)**

**R: \$110, NR: \$120**

**Instructor: Angella Foster**

**MUSIC**

Contact: Chris Cherry, 240-542-2055  
ccherry@greenbeltmd.gov

**UKE CAN DO IT! BEGINNING UKULELE 464242-1****Ages 14+**

This class is for adults and teens who have never played the ukulele. We will learn some basic chords, how to read and play a few melodies, and how to perform together as an ensemble. Students will need to bring their own soprano ukulele to class (the most popular kind) and a folder for sheet music and handouts. At the end of our last class session, we will invite our families and friends to a short recital and celebration.

**Th 7:00pm-8:00pm/CC-109**

**8 mtgs: 9/13 - 11/1**

**R: \$88, NR: \$99**

**Instructor: Rachel Cross**

**UKE CONTINUED! 464243-1****Ages 14+**

This class is for adults and teens who can play several ukulele songs with confidence, read a chord chart, read ukulele tablature, and strum and sing at the same time. This session, we will be fattening up our repertoire with an instrumental tune, songs from the golden age of ukulele, a Hawaiian song, and a surprise or two! Students will need to bring their own soprano ukulele to class (the most popular kind) and a folder for sheet music and handouts. At the end of our last class session, we will invite our families and friends to a short recital and celebration.

**Th 8:00pm-9:00pm/CC-109**

**8 mtgs: 9/13 - 11/1**

**R: \$88, NR: \$99**

**Instructor: Rachel Cross**

**SPECIAL INTEREST**

Rebekah Sutfin, 240-542-2056  
rsutfin@greenbeltmd.gov

**SIGN LANGUAGE TO GO 457202-1****Ages 15+**

Learn American Sign Language (ASL). This class is for those with minimal experience or no experience at all with ASL. It is a full immersion class.

**Tu 6:30pm-8:00pm/CC-109**

**12 mtgs: 9/25 - 12/11**

**R: \$62, NR: \$72**

**Instructor: Michael Dunham**

**COMMUNICATING IN ASL 457203-1****Ages 15+**

Continue working on your American Sign Language (ASL) skills and vocabulary. This class is for those who have an understanding of basic ASL signs. It is a full immersion class.

**Tu 8:15pm-9:45pm/CC-109**

**12 mtgs: 9/25 - 12/11**

**R: \$62, NR: \$72**

**Instructor: Michael Dunham**

